#### Carn Brea Judo Club



#### www.carnbreajudo.co.uk



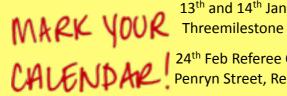
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Did you know that we have a website? www.carnbreajudo.co.uk

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### OUR NEXT COMMITTEE MEETING IS ON 5th January 2018 at the Countryman at 7.30pm



13<sup>th</sup> and 14<sup>th</sup> January confirmed as FPJ1 with revalidation for FPJ2 at Threemilestone

24<sup>th</sup> Feb Referee Course and Table Officials Course at The Redruth Club is Penryn Street, Redruth,

TR15 2SP. There is some parking behind the Club carpark if required.

25th February Area grading at Threemilestone

30th March - 2<sup>nd</sup> April Easter Course

6th May Cornish Closed Championships CARN BREA LEISURE

9th June Teams CARN BREA LEISURE

10th June Area Grading at Threemilestone



Micah Pritchard Gold

Noah Darby Bronze

at the recent Truro Prep Invitational

Championships

Well done both of you

#### **Christmas Finishing**

**TUESDAY 12th DECEMBER** 



RETURN

TUESDAY 9th JANUARY 2018

#### Results of the club team event

Team Rudolph. Gold
Team Snazzy Sensei's. Silver
Team A. 1st Bronze
Team Dynamite. 2nd Bronze

Most improved

Junior Josie Welch Primary. Caden Roberts

Best etiquette.

Junior Charlie Scanllan Primary Jacob Roberts

Best technique.

Junior Jazz Bryant

Primary. Zachary Brookfield

"Well done every one a good evening of judo"

#### Judoka of the week

Tracey Rouxi Wang
Toby Brown
Zachary Brookfield
Samuel Reed
Caden Roberts



Locryn training Seminar / lecture on advanced coaching pedagogy, coach athlete relationships. His preparation was interesting, well presented and touched on many different aspects of coaching. He also spoke of his own personal journey and how sport affected his life to date. A most enjoyable evening. Hopefully he will run another one in the new year here at Roskear on a evening.

Well done Locryn a great asset to the Club

**ALL** children and adults on the mat must give their names in before going into the dojo, our register is also the fire register.

Do not be shy just a simple "Hello I am here:



#### **Judoka Of The Month**

#### **Micah Pritchard**

for doing so well at the Truro Prep Invitational Championships





# Happy Christmas and a happy new year from all the club coaches Sensei Jacky, Tom, Janet, Andrew, Sheila, Rob and Locryn



If any of you are interested we are going to order some new stock items.

Possible christmas presents for your judoka (person practicing Judo)

Carn Brea logo tee shirts ranging in many sizes
Club badges £4.50

SALE Can Brea logo hoodies not many left various sizes £12 each
We will be ordering hoodies and fleeces and fleeces with hoods
Perhaps you need a new judo suit - cost from £21

As a reminder once you have had you first grading in club you need a grading syllabus £3
each for primary & Junior available from the front desk

Please let us know if you are interested in any items so we can get ordering for you

We may be interested in buying you old judo suit please see the front desk

At our recent Club AGM the new committee was formed

President Sensei Tom, Chair Sensei Andrew ,Vice Chair Sensei Jacky, Secretary Sensei Janet & (safeguarding) Finance Mike Tucker

Committee members Sensei Sheila, Debbie Roberts (safeguarding), Andrea Darby, Andrew Benham,

Tallulah Cormack, Claude Bean, Sharon Tucker Rachel Pritchard

#### **New members**

We will be taking new members on Tuesday 16th January in the 5pm class under 8's must have an adult to stay with them. Please contact us if you have a new member wanting to attend on that evening.

"We look forward to meeting them"

#### **Area Course and Grading**

Well done to all who graded and had an amazing time.

Thank you to those who helped and assisted with the Area Course & Grading.

#### Jingle Bell home work

Over the christmas holidays We would like all those in the first class to learn to do up their judo belts including some in the second class check below for the guide to doing up your belt





#### Sensei Andrew Rudolph Brain Teaser

How good are you are at your judo theory?

Do you always arrive with the correct footwear in the dojo?

Judo theory sheets are available at the front desk or to read on our website



## Winter Wordsearch



KNAMWONSTNXOTFE
KOWINTERECOCOAL
PICICLEIZRRRBKG
CHMBWMITTENSMWI
HSGHWSZIWDYFEAL
TGHQRAKENEZORFA
OLXODSSPRUCEISU
BOJEVCARDINALNA
OVRNLEBGOTAHIOR
GETCHILLYGZOMWD
GSPCDOKTZGQLKFB
ACTSKATEXSCLDLS
NIZMMYWFEXDYEAH
CWNLUTGYNSOALKB
SDOQVLQKHWMQSEA

WINTER **SNOWFLAKE SNOWMAN ICICLE SPRUCE** HOLLY **CARDINAL FROZEN** BRRR CHILLY SLED **GLOVES** HAT SKATE SKI **TOBOGGAN** COCOA SHOVEL **MITTENS** 

FROM CORNWALL AREA CHAIR, CORINNA TRATHEN.

Cornwall Area BJC Committee are considering organising a Cornish Open Championships.

This would be open to all clubs and organisations as well as out of County clubs, but would be run under BJC contest rules.

We envisage quite a large event, a truly special showcase for Cornwall Area.

We have the agreement of the Technical Committee and those dan grades who attended the recent Kodanshakai and Yudanshakai, to take this forward.

However, the support of all Area Clubs, Dan grades and adult judoka will be needed if we are to run this event.

So, the question is, Do you want such an event to take place and will you and your club support it?

If yes, then what assistance are you and your club able to offer?

Would you please consider your response both as a club and an individual and reply to this letter?

Clubs Sensei.

Can you offer to loan mats, time clocks or any other items.

Individuals.

Will you commit to helping out as;

Referee, table official, weighing in, mat laying, mat transport, door person, runners, marshals, or in any other capacity.,

We need all clubs to respond to this before we can progress with any planning, so please canvas your members and parents and reply by 10<sup>th</sup> December 2017.

**Date just in the next Peninsula schools Competitions** 

2018 at Mullion School are:

Primary 7th March and Primary & Secondary 11th July

JUDO COMPETITION CORNWALL Under 11s
(Competitors must be over 8 years of age)
Mullion School
7 March 2017
From 1pm onwards
We would like as many of you to enter but it needs to

be done through YOUR SCHOOL that you attend

Sensei Janet has the entry form which can be emailed

to you.

We have a club sponsor

Do you know anyone else who would like
to sponsor the club.

Speak to Sensei Jacky or Sensei Janet

Thank you

#### JUDO & THE NEXT GENERATION

"By educating one person and sending him into the society of his generation, we make a contribution extending a hundred generations to come." - Jigoro Kano, founder of Judo

www.facebook.com/JudoTrainingDevelopment