



Carn Brea Judo Club

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OUR NEXT COMMITTEE MEETING IS ON 5th January 2018 at the Countryman at 7.30pm

MARK YOUR CALENDAR! 13th and 14th January confirmed as FPJ1 with revalidation for FPJ2 at Threemilestone
24th Feb Referee Course and Table Officials Course at The Redruth Club is Penryn Street, Redruth,

TR15 2SP. There is some parking behind the Club carpark if required.

25th February Area grading at Threemilestone

30th March - 2nd April Easter Course

6th May Cornish Closed Championships CARN BREA LEISURE

9th June Teams CARN BREA LEISURE

10th June Area Grading at Threemilestone



Micah Pritchard
Gold

Noah Darby
Bronze

at the recent
Truro Prep
Invitational

Championships

Well done both
of you

Christmas Finishing

TUESDAY 12th DECEMBER

RETURN

**TUESDAY 9th JANUARY
2018**



Results of the club team event

Team Rudolph.	Gold
Team Snazzy Sensei's.	Silver
Team A.	1st Bronze
Team Dynamite.	2nd Bronze
Most improved Junior Primary.	Josie Welch Caden Roberts
Best etiquette. Junior Primary	Charlie Scanllan Jacob Roberts
Best technique. Junior Primary.	Jazz Bryant Zachary Brookfield

"Well done every one a good evening of judo"

Judoka of the week

Tracey Rouxi Wang
Toby Brown
Zachary Brookfield
Samuel Reed
Caden Roberts



Locryn training Seminar / lecture on advanced coaching pedagogy, coach athlete relationships. His preparation was interesting, well presented and touched on many different aspects of coaching. He also spoke of his own personal journey and how sport affected his life to date. A most enjoyable evening. Hopefully he will run another one in the new year here at Roskear on a evening.

Well done Locryn a great asset to the Club

ALL children and adults on the mat must give their names in before going into the dojo, our register is also the fire register.

Do not be shy just a simple "Hello I am here:



Judoka Of The Month

Micah Pritchard

for doing so well at the Truro Prep Invitational Championships





Happy Christmas and a happy new year
from all the club coaches

Sensei Jacky, Tom, Janet, Andrew, Sheila, Rob and Locryn



If any of you are interested we are going to order some new stock items.

Possible christmas presents for your judoka (person practicing Judo)

Carn Brea logo tee shirts ranging in many sizes

Club badges £4.50

SALE Can Brea logo hoodies not many left various sizes £12 each

We will be ordering hoodies and fleeces and fleeces with hoods

Perhaps you need a new judo suit - cost from £21

As a reminder once you have had your first grading in club you need a grading syllabus £3
each for primary & Junior available from the front desk

Please let us know if you are interested in any items so we can get ordering for you

We may be interested in buying your old judo suit please see the front desk



At our recent Club AGM the new committee was formed

President Sensei Tom, Chair Sensei Andrew, Vice Chair Sensei Jacky, Secretary Sensei Janet & (safeguarding)
Finance Mike Tucker

Committee members Sensei Sheila, Debbie Roberts (safeguarding), Andrea Darby, Andrew Benham,

Tallulah Cormack, Claude Bean, Sharon Tucker Rachel Pritchard

New members

**We will be taking new members on Tuesday 16th January in the 5pm class under 8's
must have an adult to stay with them. Please contact us if you have a new member
wanting to attend on that evening.**

“We look forward to meeting them”

Area Course and Grading

Well done to all who graded and had an amazing time.

Thank you to those who helped and assisted with the Area Course & Grading.

Jingle Bell home work

Over the christmas holidays We would like all those in the first class to learn to do up their judo belts including some in the second class check below for the guide to doing up your belt



Sensei Andrew Rudolph Brain Teaser

How good are you are at your judo theory?

Do you always arrive with the correct footwear in the dojo?

Judo theory sheets are available at the front desk or to read on our website



Winter Wordsearch



K N A M W O N S T N X O T F E
K O W I N T E R E C O C O A L
P I C I C L E I Z R R R B K G
C H M B W M I T T E N S M W I
H S G H W S Z I W D Y F E A L
T G H Q R A K E N E Z O R F A
O L X O D S S P R U C E I S U
B O J E V C A R D I N A L N A
O V R N L E B G O T A H I O R
G E T C H I L L Y G Z O M W D
G S P C D O K T Z G Q L K F B
A C T S K A T E X S C L D L S
N I Z M M Y W F E X D Y E A H
C W N L U T G Y N S O A L K B
S D O Q V L Q K H W M Q S E A

WINTER
SNOWFLAKE
SNOWMAN
ICICLE
SPRUCE
HOLLY
CARDINAL
FROZEN
BRRR
CHILLY
SLED
GLOVES
HAT
SKATE
SKI
TOBOGGAN
COCOA
SHOVEL
MITTENS

FROM CORNWALL AREA CHAIR, CORINNA TRATHEN.

Cornwall Area BJC Committee are considering organising a Cornish Open Championships.

This would be open to all clubs and organisations as well as out of County clubs, but would be run under BJC contest rules.

We envisage quite a large event, a truly special showcase for Cornwall Area.

We have the agreement of the Technical Committee and those dan grades who attended the recent Kodanshakai and Yudanshakai, to take this forward.

However, the support of all Area Clubs, Dan grades and adult judoka will be needed if we are to run this event.

So, the question is, Do you want such an event to take place and will you and your club support it?

If yes, then what assistance are you and your club able to offer?

Would you please consider your response both as a club and an individual and reply to this letter?

Clubs Sensei.

Can you offer to loan mats, time clocks or any other items.

Individuals.

Will you commit to helping out as;

Referee, table official, weighing in, mat laying, mat transport, door person, runners, marshals, or in any other capacity.,

We need all clubs to respond to this before we can progress with any planning, so please canvas your members and parents and reply by 10th December 2017.

Date just in the next Peninsula schools Competitions

2018 at Mullion School are:

Primary 7th March and Primary & Secondary 11th July

**JUDO COMPETITION CORNWALL Under 11s
(Competitors must be over 8 years of age)
Mullion School
7 March 2017
From 1pm onwards**

We would like as many of you to enter but it needs to

be done through YOUR SCHOOL that you attend

**Sensei Janet has the entry form which can be emailed
to you.**

We have a club sponsor
Do you know anyone else who would like
to sponsor the club .

Speak to Sensei Jacky or Sensei Janet

Thank you

JUDO & THE NEXT GENERATION

"By educating one person and sending
him into the society of his generation,
we make a contribution extending a
hundred generations to come."
- Jigoro Kano, founder of Judo

www.facebook.com/JudoTrainingDevelopment