



[www.carnbreajudo](http://www.carnbreajudo)

[www.facebook.com/carnbreajudo](https://www.facebook.com/carnbreajudo)

Registered with the Children's University



Please can you bring the correct money to pay for your classes or pay by cheque made payable to Carn Brea Judo Club.

The front desk are struggling with giving you change when you all bring £5, £10 or £20 notes

Thank you



**ALL** children and adults on the mat must give their names in before going into or onto the mat our register is also the fire register.

Do not be shy just a simple "Hello I am here:

THANK YOU  
TO TALLULAH CORMACK  
FOR LAYING OUR MATS ON TUESDAY EVENINGS



Judoka Of The Month

**BRONWEN BENHAM**

excellent attendance, works hard, and represents the club when ever possible plus travelling away on two occasions to BJC Nationals. WELL DESERVED



Judoka of the week 5pm Class

Each child get awarded a purple strip, For many reasons 3 stripes= nearly ready for next grading

Grace Tidball

Tracy Wu

No judo half term week Tuesday 19th February . Return Tuesday 26th February

Next term is a six week block so £12 for those wanting to pay in advance

**Did you know we have a payment plan to pay for suits, gradings, area courses. Please see the front desk who will assist you**



## Carn Brea Judo Club

[www.carnbreajudo.co.uk](http://www.carnbreajudo.co.uk)

[www.facebook.com/carnbreajudo](https://www.facebook.com/carnbreajudo)

Registered with the children's university

Members of the British Judo Council  
Affiliated to the British Judo Association



Venue: Main hall at Roskear Primary & Nursery School TR14 8DJ

## **TRY JUDO FOR FREE FIRST TWO CLASSES FREE**

All instructors are highly qualified, insured, national and international medalists

It is FUN; Learn new SKILLS; MAKE NEW FRIENDS

Do a CONTACT SPORT SAFELY

**CONTACT JACKY 01209 712728 OR JANET 07791151215  
TO BOOK YOUR PLACE**

**WE LOOK FORWARD TO MEETING YOU**

**Note: time  
reminder**

**6.15 class ends 8.45  
low graded children**

**rei off at 7.15**

**Kata practice last  
Tuesday of the  
month**

### **The BJA competition at Porthtown**

First to complete was Joel Roberts, Joel was quite nervous but, soon won his first contest. Unfortunately it didn't go all Joel's way and the referee missed important score.

**Result Silver medal.**

Ned Pritchard was second to complete some tough fights, but a brilliant ippon in his final contest.

**Result Bronze medal.**

Last to complete Bronwen Benham pleasingly Bronwen had a few more contests than usual.

**Result Gold medal.**

**"Well done all of you"**



**Area First Aid Course Sunday 24th March at Roskear school pre  
school meeting room 9am - 4pm**

**Refreshments provided but bring your own lunch**

**£30 per person. Please let Sensei Janet for booking**

## The Course

The course will be open to Primaries aged 8 years and over with one green tab, Juniors and all Senior grades. It will be held in the Guildhall, St. Ives from 9.30am on Good Friday-Noon on the Bank Holiday Monday.

An up to date licence will be required on arrival. If you are in St. Ives on the Thursday, you will be able to book in at the Guildhall between 6.30pm-7.30pm that evening.



## Prices

	PRIMARIES	JUNIORS	SENIORS
Booked by 21st March	£33.00	£40.50	£55.50
Booked after 21st March	£38.00	£45.50	£60.50

## Pre-Grading Registration

There will be limited opportunity to have Kata & technical work assessed on the course. Registration for grading will take place on the stage area from 11am-1pm on Friday. Please bring your paperwork pre-signed by a Qualified Area Grading Assessor to this session.

## The Course Party (Fancy Dress Optional!)

The Course Party will be held on Sun 21st April from 7.30pm. Our fabulous new venue is the Brewhouse near St. Ives Leisure Centre. There is plenty of parking and is within walking distance from town. One Easter Course ticket admits one person. Non ticket holders can get one from Guildhall judo reception. Tickets for non judoka cost juniors £3.00 & seniors £5.00. On request, all children under the age of 18yrs must be supervised by an adult.

## Top Level Instruction

Mr Robin Otari, President of the BJC  
Mr G.R. Mealing 8th Dan, Vice President of the BJC  
Mr John Couch 7th Dan  
Neil Roode 6th Dan  
John Smith 4th Dan



## Special Guest Instructors

● **Winston Gordon 5th Dan**  
Triple Olympian, Commonwealth Champion  
with members of the German National Youth Squad



## Perfecting Ippon Judo!

Grading prequalification co-ordinators:  
Kata, David Dowding 5th Dan  
Techniques, Bernard Richmond 6th Dan and  
Rowann Ford 4th Dan

Please Note:

**PLAIN WHITE JUDO SUITS ONLY PLEASE**

Zori must be worn in the Dojo



## For Further Information Contact:

Jacky & Tom Gray Tel: 01209 712728 Email: gray-j10@sky.com  
Corinna Trathen Tel: 01209 216753 Email: ctrathen@hotmail.co.uk

## Accommodation & Sponsors

Please mention the St. Ives Easter Course when making an enquiry. Or contact the Tourist Information Centre.  
[www.stives-cornwall.co.uk](http://www.stives-cornwall.co.uk)

### Wheal Rodney Holiday Park



Self catering lodges, EHU pitches, glamping, swimming pool.  
5% discount per night to all BJC members (excluding summer holidays).  
Quote 'BJC 2019'. Tel 01736 710605 [reception@whealrodney.co.uk](mailto:reception@whealrodney.co.uk)

**HARBOUR** HOTEL & SPA  
Tel: 01736 795221  
[www.stives-harbour-hotel.co.uk](http://www.stives-harbour-hotel.co.uk)

**The Regent** ST IVES  
Tel: 01736 796195  
[www.regenthotel.com](http://www.regenthotel.com)

### St Ives Holidays

[www.stivesholidays.com](http://www.stivesholidays.com)  
Over 250 self catering properties in amazing locations

**Cornish Riviera Holidays (Self Catering)**  
Westcotts Quay, St. Ives,  
Cornwall TR26 2DY  
Tel: 01736 797891 [www.cornishrivieraholidays.co.uk](http://www.cornishrivieraholidays.co.uk)

**Kirshvoen** Jane Chiverton, Kistvaen Holiday Flats,  
St. Marys, Isles of Scilly Tel: 01720 422002

### Main Sponsors



# ST. IVES EASTER COURSE

# 2019

19th - 22nd April

## Providing Top Level Judo Instruction and Randori

A BJC Approved National Grading Points Scoring Venue

Course Organisers:  
John Couch 7th Dan, Jacky Gray 7th Dan,  
Tom Gray 6th Dan, Corinna Trathen 3rd Dan

56<sup>th</sup>  
Year

The Sun, Sea and Judo

AFFILIATED TO THE BJA THROUGH  
MEMBERSHIP OF THE BJC







**One of our x students Georgia Doe now studying at Cardiff university and practicing jujitsu.**

**Georgia recently won gold in the -60k category and silver in the open.**

Winning gold at that last competition set her up to take part in a competition called Grappling industries on February 23rd which is a 10 minute submission only fights.

## **Safe guarding**

**Carn Brea is committed to keeping children safe and promoting the welfare of children and indeed, the welfare and safety of families whose children attend our club. The Clubs designated Safeguarding officers are Debbie Roberts and Sensei Janet both have extensive knowledge in safeguarding procedures.**

## **DIARY DATES**

**Sunday 3rd Mar - Cornwall Area Grading (TMS) Primaries, juniors up to 3<sup>rd</sup> kyu**

**Saturday 16th March BJC Awards Evening**

**Saturday 17th March BJC squad training**

**Sunday 24 March First Aid Course (Roskear)**

**Friday 19- Monday 22 April Easter Course (St Ives Guild hall)**

**Saturday 18th May Cornwall Area Teams (venue to be confirmed)**

**Sunday 5th May BJC Open**

**Sunday 11 May Jamie McDonald Memorial Championships**

**Sunday 19th May - Cornish Open Championships (same venue to be confirmed)**

**26th -31st May BJC National Cromer Whitsun Course**

**Sunday 9th June BJC National Squad Training**

**Saturday 15th June - Summer BBQ & Beach Judo**

**Sunday 7th July BJC AGM**

**Sunday 23rd June - Cornwall Area Grading venue to be confirmed**

**Sunday 27th Oct - Cornish Closed Championships & World Judo Day celebration for the 28th**

**Sunday 17th November BJC Closed Nationals**

**Saturday 23rd & Sun 24th Nov - Cornwall Area Course & Grading instructor to be confirmed**

**Saturday 14th December - Cornwall Area event & Christmas Party**

**AREA Also to be organised fundraising and sponsorship for mats & equipment, & to hold our own annual Area Awards Evening to celebrate our judoka, volunteer's supporters & their achievements**

